

Life is  
better in  
focus.™



## Get access to the best in eye care and eyewear with MMEHT and VSP® Vision Care.



Maine Municipal  
Employees Health Trust  
mmeht.org 800.852.8300

Why enroll in VSP? As a member, you'll receive access to care from great eye doctors, quality eyewear, and the affordability you deserve, all at the lowest out-of-pocket costs.

### You'll like what you see with VSP.

**High Quality Vision Care.** You'll get the best care from a VSP network doctor, including a WellVision Exam®—the most comprehensive exam designed to detect eye and health conditions.

**Choice of Providers.** The decision is yours to make—choose a VSP network doctor, a participating retail chain, or any out-of-network provider.

**Great Eyewear.** It's easy to find the perfect frame at a price that fits your budget.

### Using your VSP benefit is easy.

#### Review your benefit information.

Log on to the Health Trust's Website at [www.mmeht.org](http://www.mmeht.org). Click on the Other Benefits header and then the link for Vision and Hearing Aids.

**Find an eye doctor who's right for you.** Visit [vsp.com](http://vsp.com) or call 800.877.7195.

**At your appointment, tell them you have VSP.** There's no ID card necessary. If you'd like a card as a reference, you can print one on [vsp.com](http://vsp.com).

**That's it! We'll handle the rest**—there are no claim forms to complete when you see a VSP provider.

### Choice in Eyewear

From classic styles to the latest designer frames, you'll find hundreds of options. Choose from featured frame brands like bebe®, Calvin Klein, Cole Haan, Flexon®, Lacoste, Nike, Nine West, and more.<sup>1</sup> Visit [vsp.com](http://vsp.com) to find a Premier Program location that carries these brands. Plus, save up to 40% on popular lens enhancements.<sup>2</sup> Prefer to shop online? Check out all of the brands at [eyeconic.com](http://eyeconic.com)®, VSP's online eyewear store.

Save with VSP Coverage	Without VSP Coverage	With VSP Coverage
Eye Exam	\$168	\$15
Frame	\$155	\$25
Single Vision Lenses	\$92	\$70
Photochromic Adaptive Lenses	\$111	\$69
Anti-reflective Coating	\$114	\$66.96
Employee-only Annual Contribution	N/A	\$66.96
<b>Total</b>	<b>\$640</b>	<b>\$245.96</b>

Comparison based on national averages for comprehensive eye exams and most commonly purchased brands

NOTE: Dollar amounts in the savings chart are estimates and don't reflect additional discounts from current VSP offers and promotions.

Average Annual Savings with a  
VSP Provider: **\$394.04**

Enroll in VSP today. You'll be glad you did.  
Contact us. 800.877.7195  
[vsp.com](http://vsp.com)

# Your VSP Vision Benefits Summary

MMEHT and VSP provide you with an affordable eye care plan.



Maine Municipal Employees Health Trust  
mmeht.org 800.852.8300

**VSP Coverage Effective Date:** 01/01/2018

**VSP Provider Network:** VSP Choice

Benefit	Description	Copay	Frequency
<b>Your Coverage with a VSP Provider</b>			
<b>WellVision Exam</b>	Focuses on your eyes and overall wellness	\$15	Every calendar year*
<b>Prescription Glasses</b>		\$25	See frame and lenses
<b>Frame</b>	\$155 allowance for a wide selection of frames \$175 allowance for featured frame brands 20% savings on the amount over your allowance \$80 frame allowance at Costco®, Walmart or Sams Club	Included in Prescription Glasses	Every other calendar year*
<b>Lenses</b>	Single vision, lined bifocal, and lined trifocal lenses Polycarbonate lenses for dependent children	Included in Prescription Glasses	Every calendar year*
<b>Lens Enhancements</b>	NOTE: Copays listed below are in addition to the materials copay. Standard progressive lenses Premium progressive lenses Custom progressive lenses Average savings of 20-25% on other lens enhancements	--- \$55 \$95 - \$105 \$150 - \$175	Every calendar year*

<b>Contacts (instead of glasses)</b>	\$150 allowance for contacts; copay does not apply Contact lens exam (fitting and evaluation)	No copay Up to \$60	Every calendar year*
<b>Diabetic Eyecare Plus Program</b>	Services related to diabetic eye disease, glaucoma and age-related macular degeneration (AMD). Retinal screening for eligible members with diabetes. Limitations and coordination with medical coverage may apply. Ask your VSP doctor for details.	\$20	As needed

<b>Extra Savings</b>	<b>Glasses and Sunglasses</b> Extra \$20 to spend on featured frame brands. Go to <a href="http://vsp.com/specialoffers">vsp.com/specialoffers</a> for details. 20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP provider within 12 months of your last WellVision Exam.		
	<b>Retinal Screening</b> No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam		
	<b>Laser Vision Correction</b> Average 15% off the regular price or 5% off the promotional price; discounts only available from contracted facilities		

<b>Your Monthly Contribution</b>	\$5.58 Employee only \$11.15 Employee + spouse \$11.94 Employee + child(ren) \$19.09 Employee + family
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### Your Coverage with Out-of-Network Providers- Effective January 1, 2018

Get the most out of your benefits and greater savings with a VSP network doctor. Your coverage with out-of-network providers will be less or you'll receive a lower level of benefits. Visit [vsp.com](http://vsp.com) for plan details.

Exam ..... up to \$45	Lined Bifocal Lenses ..... up to \$50	Progressive Lenses ..... up to \$50
Frame ..... up to \$70	Lined Trifocal Lenses ..... up to \$65	Contacts ..... up to \$105
Single Vision Lenses ..... up to \$30		

Coverage with a participating retail chain may be different. Once your benefit is effective, visit [vsp.com](http://vsp.com) for details. Coverage information is subject to change. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail. Based on applicable laws, benefits may vary by location.

\*Calendar year begins in January

#### Eligibility

-Eligible Employees-  
Employees working 20 or more hours per week.

#### -Participation Requirements-

There's no minimum number of eligible employees needed to offer the program.

#### -Employee Contribution-

100% of employee contribution through payroll deduction. Pre-tax deductions recommended under a qualified plan with the Internal Revenue Code.

Contact us. **800.877.7195** | [vsp.com](http://vsp.com)

1. Brands/Promotion subject to change.

2. Savings based on network doctor's retail price and vary by plan and purchase selection; average savings determined after benefits are applied. Available only through VSP network doctors to VSP members with applicable plan benefits. Ask your VSP network doctor for details.

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